

EQ for Peak Performance

13 January 2017 // 2.00pm—5.00pm // Carlton Hall, York Hotel

CPD Credit:

SISV, QS Division & AIQS
= 4 CPD Hours

Qualified for 2 PDUs by
PEB

*Every QS Division Member
(Honorary Fellows, Fellows,
Members, Probationers and
Technical Members) must
complete at least 20 CPD
hours each year.*

Target Audience:

Anyone in the Built
Industry looking into
breakthrough results in
their lives and at work.

Certificate of

Attendance will be
awarded upon successful
completion of the
seminar.



Singapore Institute of
Surveyors and Valuers

An engaging workshop where you will discover how to develop your emotional intelligence to increase your personal and interpersonal effectiveness in your personal lives and at work.

- ★ Learn how to sail through your deepest challenges and grab back the controls of your life to make you even more magnetically attractive to people around you.
- ★ Learn to eliminate the anxiety, frustration, self-doubt and fear that are destroying your chances of experiencing happiness and fulfilment in different aspects of your life, personal or work.
- ★ Learn how to practice small daily steps that will build new patterns in your life and help you break away from destructive patterns.
- ★ Learn to increase your skills in dealing with people and transform yourself into the powerful, confident, attractive person that every man, woman and company is desperately looking for.
- ★ Learn methods that help you connect so easily with others, communicate effectively and establish powerful relationships at work.

Sponsors:



110 Middle Road #09-00 Chiat Hong Building S(188968)
Main: 62223030 Fax: 62252453 www.sisv.org.sg



Objectives

- ✓ Be more conscious of own emotions, unconscious habits, strengths and challenges to develop ones EQ to work more effectively with others
- ✓ Techniques to enable one to manage impulse, maintain composure, self-confidence and resilience when dealing with difficulties
- ✓ Know the value of optimism to guide ones thinking and actions to influence and persuade others to achieve a win-win outcome.

Chairman:



Lee Keng Seng is a Director (Quantity Surveying) at Surbana Jurong Consultant Pte Ltd and a member of Singapore Institute of Surveyors and Valuers. He holds a Bachelor of Science (Building), NUS, Graduate Diploma in Business Administration, SIM and also a Master degree in Construction Economics and Management from University College London, United Kingdom.

As a practitioner, Keng Seng has over 25 years experience, in various roles and capacities for developers, consultants and contractor, in the areas of cost and contracts management for development and construction projects of different types, size and complexities. He led and supervises QS teams in the provision of multi-disciplinary design and QS consultancy services. In addition, he has also undertaken and responsible for various roles in feasibility studies, design management, procurement management, project management and facilities management for projects of different nature and scale.

Speaker:



Granville Ed D'Souza is the Principal Consultant of EQ Asia Pte Ltd and Peak Performers, a consulting and training practice specialising in organisational behaviour and performance. In addition, he does developmental coaching that deals with deeper emotional issues caused from past programming. These include trauma, loss of motivation, anger and mild depression, phobias and acute fear. His initiatives are frequently used to boost performance of staff at all levels and for teams to approach obstacles objectively with a view to enhancing performance.

Granville has for the last 19 years, been helping employees in organisations to approach their strengths and weaknesses through coaching and facilitative workshops that deal with team and individual behaviour. He has been actively promoting Emotional Intelligence practices as well as teaching such skills in organizations where he employs tools and therapies to help employees cope with emotional issues. He also uses various instruments like DISC, Harrison Innerview, Enneagram, MBTI, SEI and Baron's EQ-i in his coaching practice to help participants understand innate behaviours and those within their influence to take action. His present programs include Leadership, Performance Coaching, Energy Psychology', Emotional Intelligence, Personality and behaviour Profiling, Coaching With EFT (Emotional Freedom technique) and various strategies related to performance.

He has authored numerous articles for a variety of HR magazines, is the co-creator of the EQ Coach cards, written 2 books entitled *EQ From the Inside Out* and *Unshakeable Spirit* and will also be releasing his latest book on leadership entitled *EQ: The Secret of Inspiring Leaders*.

Granville has a Bachelor of Arts, an MBA and a Doctorate in Business Administration with the University Of South Australia where he researched on Emotional Intelligence.

REGISTRATION FORM

Closing date for registration: **5 January 2017**

EQ for Peak Performance

Date: 13 January 2017

Time: 2.00pm to 5.00pm (Registration starts at 1.30pm)

Venue: Carlton Hall, Level 2, York Hotel, 21 Mount Elizabeth S (228516)

Fees/Category (includes GST, seminar notes and refreshments)

- * S\$40 SISV members
- * S\$45 Staff of SISV Member Firms
- * S\$65 CIJC members (*ACES, IES, REDAS, SCAL, SIA, SIBL, SPM*) *AIQS, BoA, IQSI, PEB, PICQS, PUJA, RICS, SCL, SGBC*
- * S\$85 Non Members

Name of Participants

	Name	NRIC No	Category*	Membership no*	Email Address	Amt S\$
1						
2						
3						
4						
TOTAL AMOUNT PAYABLE S\$						

*Please state SISV/ MemFirm/ ACES/ IES/ REDAS/ SCAL/ SIA/ SIBL / SPM/ AIQS/ BoA/ IQSI/ PEB/ PICQS/ PUJA/ RICS / SCL/ SGBC/ or Non Member

Company

Address

.....S()

Tel Contact Person

Fax Email

I hereby consent to SISV and/or its Divisions collecting, using, disclosing and/or processing my personal data for purposes of its membership administration and its events marketing.

PAYMENT MODE (please tick one box only)

- Via ibanking/Bank transfer. Details as follows: **DBS current account no: 007 005007 0**. Please either include the invoice number or "QSW130117_your initials" when transferring
- By Cheque (Bank/Cheque No Amt S\$.....) Crossed cheque payable to "**Singapore Institute of Surveyors and Valuers**". Please indicate your name, company and date of seminar on the back of the cheque.
- Invoice company

****Car park coupons are available at a discount rate of \$5.00 a piece for the afternoon.**

Notes

Registration is on a first-come-first-served basis. Registration by fax or email will only be accepted upon receipt of payment. **Confirmation of registration will be given via email or fax. No cancellation is allowed once registration is confirmed.**

Fees paid are not refundable under any circumstances. This will also apply to participants who are unable to attend on that day. However, substitution can be made in writing at least 3 days before the seminar. In the case of a non-member substituting a member, the non-member will have to pay the fee difference.

SISV reserves the rights to change the programme or cancel the seminar as may be necessary. Every effort will be made to inform participants in the seminar of any cancellation and full refund will be made to participants.

For seminar enquiries and registrations, please contact:

Dina ☎ : 64240286 ✉ : dina@sisv.org.sg

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